

# Skills Evaluations

Player Evaluations are held prior to each recreation basketball season to help the coaches in the older age divisions to identify the playing abilities of the league's participants. The evaluations take place at the Burns Road Community Center and are typically limited to a few skill drills and a short scrimmage. Depending upon the age group, the drills typically include the following:

1. **Shooting** – Each girl takes a turn shooting lay ups and short jump shots.
2. **Running Speed** – The players are put into small groups and they sprint the whole court and back.
3. **Dribbling**- Each player will dribble through a maze of cones to determine dribbling skills.
4. **Scrimmage**- Groups of 6 girls will scrimmage for about 4-5 minutes showing the coaches their skill levels, knowledge of the game and assertiveness.

The coaches are provided with evaluation forms identifying each of the players in the age appropriate league. The forms are filled out by the individual coaches in attendance and maintained by the coaches to assist them at the player draft. The forms are required to be returned to the league following the draft to ensure that they are not unintentionally distributed.